

# IMUPRO: THE TESTED FOODS AT A GLANCE

 ImuPro Screen

 ImuPro Screen<sup>+</sup>

 ImuPro Basic

 ImuPro Complete

<sup>1</sup> caps. chinense

















<sup>2</sup> caps. annum

<sup>3</sup> caps. frutescens

## MEAT

 Beef  
 Chicken  
 Deer  
 Duck  
 Goat meat  
 Goose  
 Hare  
 Lamb  
 Ostrich meat  
 Pork  
 Quail  
 Rabbit  
 Roe deer  
 Turkey hen  
 Veal  
 Wild boar

## ALTERNATIVES TO CEREALS AND STARCHY PRODUCTS













 Amaranth  
 Arrowroot  
 Buckwheat  
 Carob  
 Cassava  
 Fonio  
 Jerusalem artichoke  
 Lupine  
 Maize, sweet corn  
 Millet  
 Quinoa  
 Rice  
 Sweet chestnut  
 Sweet potato  
 Tapioca, cassava  
 Teff

## CEREALS (WITH GLUTEN)







 Barley  
 Gluten  
 Kamut  
 Oats  
 Rye  
 Spelt  
 Wheat

## VEGETABLES






























 Artichoke  
 Asparagus  
 Aubergine  
 Bamboo shoots  
 Beetroot  
 Broccoli  
 Brussels sprouts  
 Carrots  
 Cauliflower  
 Celeriac, knob celery  
 Chard, beet greens  
 Chili Cayenne<sup>3</sup>  
 Chili Habanero<sup>1</sup>  
 Chili Jalapeno<sup>2</sup>  
 Chinese cabbage

 Courgette  
 Cucumber  
 Fennel  
 Kale, curled kale  
 Kohlrabi (turnip cabbage)  
 Leek  
 Moluchia  
 Okra, lady's finger  
 Olive  
 Onion  
 Parsnip  
 Potato  
 Pumpkin  
 Radish red and white  
 Red cabbage  
 Rutabaga  
 Savoy cabbage  
 Spinach  
 Stalk celery  
 Sweet pepper  
 Tomato  
 White cabbage

## MUSHROOMS





 Bay boletus  
 Cep (boletus)  
 Chanterelle  
 Meadow mushrooms  
 Oyster mushrooms  
 Shiitake

## SPICES & HERBS

 Alfalfa  
 Allspice  
 Aniseed  
 Basil  
 Bay leaf  
 Capers  
 Caraway  
 Cardamom  
 Chervil  
 Chive  
 Cinnamon  
 Clove  
 Coriander  
 Cumin  
 Curcumin (E100)  
 Curry  
 Dill  
 Garden cress  
 Garlic  
 Ginger  
 Horseradish  
 Juniper berry  
 Lavender  
 Lemon balm  
 Lovage  
 Marjoram  
 Mustard seed  
 Nutmeg  
 Oregano  
 Paprika, spice  
 Parsley  
 Pepper, black  
 Pepper, white

 Rosemary  
 Saffron  
 Sage  
 Savory  
 Thyme  
 Vanilla  
 Wild garlic

## SWEETENERS

 Agave nectar  
 Cane sugar  
 Honey (mixture)  
 Maple syrup




## SALADS

 Butterhead lettuce  
 Chicory  
 Dandelion  
 Endive  
 Iceberg lettuce  
 Lamb's lettuce  
 Lollo rosso  
 Radicchio  
 Rocket  
 Romaine / cos lettuce

## LEGUMES






 Broad bean  
 Chickpeas  
 Green bean  
 Green bean, pea  
 Green pea  
 Lentil  
 Mung bean, green gram  
 Soyabean

## FISH & SEAFOOD

















 Anchovy  
 Angler, monkfish  
 Blue mussels  
 Carp  
 Cod, codling  
 Crayfish  
 Eel  
 Gilthead bream  
 Haddock  
 Hake  
 Halibut  
 Herring  
 Iridescent shark  
 Lobster  
 Mackerel  
 Ocean perch  
 Octopus  
 Oysters  
 Plaice  
 Pollock  
 Red Snapper  
 Sardine  
 Salmon  
 Scallop  
 Sea bass  
 Shrimp, prawn  
 Shark

 Sole  
 Squid, cuttlefish  
 Swordfish  
 Trout  
 Tunafish  
 Zander

## EGG

 Chicken egg  
 Chicken egg-white  
 Chicken yolk  
 Goose egg  
 Quail eggs

## FRUITS

 Apple  
 Apricot  
 Avocado  
 Banana  
 Blackberry  
 Blueberry  
 Cherry  
 Cranberry  
 Currant  
 Date  
 Fig  
 Gooseberry  
 Grape  
 Grapefruit  
 Guava  
 Honeydew melon  
 Kiwi  
 Lemon  
 Lime  
 Lingonberry  
 Lychee  
 Mandarin  
 Mango  
 Nectarine  
 Orange  
 Papaya  
 Peach  
 Pear  
 Plum  
 Pineapple  
 Pomegranate  
 Prickly pear  
 Quince  
 Raspberry  
 Rhubarb  
 Sea buckthorn  
 Strawberry  
 Yellow plum  
 Watermelon

## SEEDS & NUTS












 Almond  
 Brazil nut  
 Cashew kernels  
 Cocoa bean  
 Coconut  
 Flax, linseed  
 Hazelnut  
 Macadamia nut

 Pine nut  
 Peanut  
 Pistachio  
 Poppy seeds  
 Pumpkin seeds  
 Sesame  
 Sunflower seed  
 Walnut

## TEA, COFFEE & WINE

 Camomile  
 Coffee  
 Nettle  
 Peppermint  
 Rooibos tea  
 Rose hip  
 Tannin  
 Tea, green  
 Tea, black



## MILK PRODUCTS

 Camel's milk  
 Goat milk and cheese  
 Halloumi  
 Kefir  
 Mare's milk  
 Milk cooked  
 Milk (cow)  
 Ricotta  
 Rennet cheese (cow)  
 Sheep milk and cheese  
 Sour-milk products (cow)







## YEAST

 Yeast (beer, bread)

## PRESERVATIVES

 Benzoic acid (E211)  
 Sorbic acid (E200)






## THICKENING AGENTS

 Agar-agar (E406)  
 Carrageen (E407)  
 Guar flour (E412)  
 Pectin (E440)  
 Tragacanth (E413)  
 Xanthan gum

## ALGAE

 Red algae (Nori)  
 Spirulina

## SPECIALS

 Aloe vera  
 Aspergillus niger  
 Candida  
 Candied lemon peel  
 Vine leaves